| Fixture Date | Home Team | County K/O Cup 2024/25 Quater-final draw | Away Team |
|--|----------------------------|--|---------------------|
| 01/03/25 - 2.00pm | Crablands Terns | V | Norfolk Tigers |
| 15/03/25 - 2.00pm | Downsman | V | Fittleworth Wasps |
| 09/03/25 - 2.00pm | Southbourne | V | Arundel Blue |
| 25/02/25 - 7.30pm | Infinity | V | Fittleworth Hornets |
| | | | |
| | | County K/O Dieto | |
| Fixture Date | Home Team | County K/O Plate Quarter-final draw | Away Team |
| <u>Fixture Date</u> 25/02/25 - 2.00pm | Home Team Norfolk Lions | | Away Team Ardingly |
| <u> </u> | | Quarter-final draw | - |
| 25/02/25 - 2.00pm | Norfolk Lions | Quarter-final draw V | Ardingly |
| 25/02/25 - 2.00pm 09/02/25 - 2.00pm | Norfolk Lions Arundel Gold | Quarter-final draw V | Ardingly Cowfold |

The home team should offer at least 3 dates including at least one weekend date including start times for their opponents with this round to be completed by Sunday 16th March 2025. It should be mutually agreeable to both teams and notify the KO Cup secretary the date and time to be played. Please Note players can only play in one team and if knocked out are not permitted to play for another team in any subsequent rounds of the competition whether the team is in the Cup or the Plate. For questions regarding the KO competition you can refer to the rules on the County website otherwise contact the Cup Secretary. The winning teams to be available for the semi-finals/finals to be held at Worthing Pavilion on Sunday 23rd March.